

# **NORDPLUS PRACTICALITIES**



# KEEP IN MIND THAT...

- The students need to have studied at least one year at their home institution (exception: students on a joint master programme)
- PhD-students are not eligible for Nordplus support unless they participate as teachers e.g. in an intensive course.
- All slots need to be filled out on the grant agreement form
- Last year's grant can be used provided the payments are made before 30 September

# KEEP IN MIND THAT...

- After the exchange, a final report should be submitted by the students and teachers (not requested for express mobility)
- Minimum duration of teacher exchange is 8 working hours.
- Minimum duration of express mobility is one week (5 working days).
- Express mobility can be used to invite students from partner institutions

# FINANCES

## Travel rates

- Between Denmark, Estonia, Finland, Latvia, Lithuania, Norway, Sweden: 330 EUR
- To and from Iceland: 660 EUR
- Additional 150 EUR is possible in case of domestic transfer

## Subsistence rates

	Per day	Per week	Per month
Students	20	70	200
Teachers	70	355	1065